

You Broke Me (But You Built the Man I Am)

Written by Dustin Shawn Anderson

Verse 1

You vanished like breath on a winter glass
No goodbye, just the echo as you passed
The air turned heavy, still and thin
A funeral march beneath my skin

Your voice remained in hollow tones
In dreams that rattled through my bones
And every room you left behind
Felt colder than the space in my own mind

Chorus

You broke me, but you built the man I am
Tore it all apart so I could take a stand
It took some time to find the truth inside the pain
You left the scar—
But I kept the flame

Verse 2

I patched the years with borrowed light
From dying stars and sleepless nights
Each lesson carved behind my eyes
A map of where the dead things lie

I wore the weight, I bore the cost
Learned how to stand from what I lost
You left a wound, but time was kind—
The silence taught me how to climb

Chorus

You broke me, but you built the man I am
Tore it all apart so I could take a stand
It took some time to find the truth inside the pain
You left the scar—
But I kept the flame

Verse 3

I don't flinch when your name is said
We've made our peace, the past is dead
No bitterness, no score to keep
Just quiet trust we didn't speak

You weren't just someone I survived
You're still the one who knows my mind
We lost the love, but not the thread—
You're still the family I never shed

Bridge

We were fire, we were fault lines, we were young
Tried to outrun the damage we'd become
But somewhere in the wreck, we found our way
Two broken men who chose to stay

Final Chorus (Twist)

You broke me, but you built the man I am
Tore it all apart so I could take a stand
It took some time, but now I see it clear as day
You were the spark—
That lit a better way

Outro

Not every wound was meant to fade
Some turn to light along the way